

Be Well Solutions Dietetic Internship - Rotation Schedule Template

Applicant's Name: Wendy Wellness

Instructions: As a distance dietetic internship, we require interns to secure their own supervised practice rotations. Interns are expected to find qualified preceptors, and are required to complete a minimum of 1040 supervised practice hours. In order to provide interns with maximum flexibility to meet their learning goals, we offer both a 5-rotation option and a 4-rotation option.

The **5-rotation option** is configured as follows:

Clinical – 320 hours Foodservice – 80 hours Community and Public Health – 160 hours Wellness and Disease Prevention – 320 hours Emphasis – 160 hours

The **4-rotation option** requires the same hourly minimums in each discipline, but instead of completing an emphasis rotation, each intern is allotted 160 *flex hours*. These hours are used to expand the core rotation(s) of greatest interest to them and can be allocated however the intern chooses, as long as the total number of hours is at least 1040.

Clinical – 320 hours Foodservice – 80 hours Community and Public Health – 160 hours Wellness and Disease Prevention – 320 hours + 160 Flex Hours

Please indicate your rotation option: 5 Rotations 4 Rotations. If you choose 4 rotations, please delete the Emphasis row and apply the 160 flex hours to one or more of the remaining rotations.

Please indicate your selected track: Full time Part time

Rotation	Supervised Practice Hours (Total hours must be ≥ 1040)	Rotation Dates	Site / Facility (Name and address)	Preceptor (Name, title and credentials, email address, phone number)	Site Confirmed with Preceptor (Yes or No)
Clinical (≥320 hours)	320	9/3/24 - 12/30/24	Very Good Medical Center	Sally Smith, MS, RDN Clinical Manager preceptor@thisisfake.com 555-555-5555	Yes
Foodservice (≥80 hours)	80	1/6/25 – 2/3/25	Chagrin Falls Schools	Rob Ruiz, MS, RDN Director AND@notanemail.com 216-555-1234	Yes
Community/Public Health (≥160 hours)	160	2/4/25 – 4/1/25	Lake County General Health District - WIC	Jasmine Williams Program Manager alk@noteanemail.com 440-350-2819	Yes
Wellness (≥320 hours)	320	4/3/25 – 6/30/25	Be Well Solutions	Katie Jefferson, MS, RDN, LD Director notarealmail@bewellsolutions.com 216-378-0888	Yes
Emphasis (≥160 hours)	200	7/7/25 – 8/21/25	My Private Practice, Inc.	Jack Black, RDN, LD Nutrition Consultant Jackblack@noteanemail.com 440-555-5555	Yes
Total Hours	1080				

This intern chose to spend 20 hours/week at rotations from September - April, to allow ample time for BWS DI didactic curriculum activities and grad school commitments. In May, they increased their hours to 30/week in order to finish rotations prior to the 1 year maximum. They also chose to spend an extra 40 hours at their emphasis site. The schedule takes holidays, the Wellness Workshop, and Exit Class into account, and allows for a few extra days off around the winter holidays and between rotations.