

Be Well Solutions Dietetic Internship Proposed Program Plan



The Proposed Program Plan is a required component of the BWS DI application and must be completed in full. For a complete overview of application requirements, please download the [application checklist](#) from our website.

Applicant Background Information

Applicant Name:

Email Address:

City/State Location for Rotations:

How did you hear about our program?

Which BWS DI pathway do you plan to pursue?

☐ **DI-Only**

1. Will you have completed a master's degree before you begin your internship?

Select Answer

2. Name of master's program:

3. Expected graduation date:

Select Date

☐ **MS/DI**

1. Which graduate program(s) will you be applying to?

- ☐ University of Alabama
- ☐ Arizona State University
- ☐ Cedar Crest College
- ☐ Penn State University
- ☐ Simmons University
- ☐ West Chester University

2. Expected graduation date:

Select Date

When would you like to start your internship?

☐ Spring 2027 (February Orientation)

☐ Fall 2027 (August Orientation)

Do you intend to pursue our full-time or part-time track?

☐ Full-Time – approximately 40 supervised practice hours/week

☐ Part-Time – a minimum of 20 supervised practice hours/week

Do you intend to apply for Prior Assessed Learning (PAL)?

☐ No

☐ Yes

If yes, please indicate the rotation(s) for which you feel you may merit PAL:

☐ Clinical

☐ Community

☐ Wellness

☐ Foodservice

*Applicants will be required to provide BWS DI with documentation confirming their master's degree status upon acceptance into the program. Please visit our website for more information on our [DI-Only](#) vs. [MS/DI pathways](#), [PAL](#), or [full-time vs. part-time tracks](#).



BWS DI Rotation Schedule

BWS DI offers both a 5-rotation and a 4-rotation schedule option. The 5-rotation option is configured as follows:

- ≥320 clinical hours
- ≥80 foodservice hours
- ≥160 community hours
- ≥320 wellness hours
- ≥160 elective hours in an additional area of interest within nutrition and dietetics

The 4-rotation option features the same four core rotations, plus 160 flex hours to be applied to one or more of these rotation areas.

All interns must complete a minimum of 1,040 supervised practice hours. At least 20 hours must be scheduled per week, with a minimum of 700 hours completed onsite.

For detailed descriptions of each rotation type, please [visit our website](#).

Rotation Placement Support

BWS DI is committed to supporting our interns in securing supervised practice rotations. A completed rotation schedule is not required to apply; however, we strongly encourage applicants to begin exploring potential sites and preceptors prior to acceptance. Doing so provides an opportunity to build professional connections, learn about potential practice settings, and identify experiences that align with their professional goals and interests.

If accepted, our team will work closely with you to finalize any remaining rotation placements. BWS DI interns may choose to identify their own rotation sites and preceptors that meet program requirements and are approved by BWS DI faculty, or they may work collaboratively with the BWS DI Outreach Coordinator to secure placements. Interns who choose to utilize outreach support will be placed at sites that meet program requirements and competency expectations. While placement at a specific site cannot be guaranteed, the Outreach Coordinator will consider each intern's location, schedule needs, and areas of interest when securing rotation placements.

To ensure access to quality supervised practice opportunities, interns should be prepared to commute up to approximately 60 minutes each way for rotation experiences. BWS DI strives to secure placements within this guideline whenever possible, though flexibility may be necessary depending on location, specialty interests, and site availability.

Rotation Placement Support Acknowledgement

- ☐ I have read and understand the BWS DI Rotation Placement Support policy, including information regarding rotation placement assistance, placement expectations, and commute considerations.



Rotation Interests and Planning Status

For each rotation type below, please list the names of 1 to 3 potential sites within your geographic area. These may be sites where a preceptor has already agreed to host your rotation, sites you have contacted and are awaiting a response from, or sites you have identified as potential opportunities for supervised practice.

Please list sites in order of preference, with your most preferred site listed first. For each site, indicate in the “Current Status” column whether the site/preceptor is confirmed, outreach has been initiated, or outreach has not yet been initiated.

This information helps BWS DI understand your interests, identify potential opportunities within your area, and support rotation planning if accepted into the program. Listing a site does not guarantee placement at that location or with a specific preceptor.

Rotation Type	For each rotation type, list 1–3 potential or confirmed sites in your geographic area	Current Status for Each Site
CLINICAL ≥320 hours	1. 2. 3.	1. Select Status 2. Select Status 3. Select Status
WELLNESS ≥320 hours	1. 2. 3.	1. Select Status 2. Select Status 3. Select Status
FOODSERVICE ≥80 hours	1. 2. 3.	1. Select Status 2. Select Status 3. Select Status
COMMUNITY ≥160 hours	1. 2. 3.	1. Select Status 2. Select Status 3. Select Status
ELECTIVE ≥160 hours (optional)	1. 2. 3.	1. Select Status 2. Select Status 3. Select Status